

Boys Shorts with Pockets



Stage 1 – please note that for ease the backs of the shorts are pinned together (but the backs are always bigger than the fronts if the pin comes out)

1. Sew the pockets first 😊
2. Place pocket pieces and patterned lining right sides together and sew 1cm on the curved edge and the 2 longest sides which join in a right angle at the base of the pocket (pivot your needle at the right angle)
3. Clip curve of seam and the right angle corner of the pocket and turn right way out
4. Iron flat and sew on the label in the middle of the bottom seam edge of the pocket
5. Sew the curved edge neatly – I use the width of the foot with the needle in the middle, then I sew another seam inside but this is entirely up to you (it needs to be sewn once at least for strength)
6. Place pocket onto the front with the curved edge towards the side seam the unfinished seams will but up against the top edge and the side seam edge, pin in place
7. Sew the long straight edge, pivoting in the corner to the other edge and sewing the number ribbon (small white ribbon with a size on it) under the label - this helps me in sorting and sizing the shorts for posting
8. Sew the pocket down at the top (waist) and side (side seam) with a 6mm seam

Stage 2 – Crotch seams

1. Pin the back and front together at the side seam
2. Sew a straight seam 1cm (or width of the foot) with a small stitch – I use a 2 length – then zig zag the edges
3. Welt the seam on the outside towards the back securing the seam (repeat for other side)
4. Pin the centre fronts together and sew with a 1 cm seam, then another seam close to the first and then zig zag. Repeat for the back seam

Stage 3 Inner Leg seams and Hem edge

1. At the top edge of waist turn under and sew 6mm around
2. At leg edge turn under and sew 6mm around (before the inner leg seam)
3. Pin the inner leg seam together ensuring that the crotch seams match up
4. Sew with a 1 cm seam, then another seam close to the first and then zig zag
5. For the leg hem turn seam up 2cm and pin
6. Sew hem once near the edge of the turned hem (I do this on the right side using my machine foot as a guide) Then sew again 3 or 4 mm below this line to create a double hem for strength

Stage 4 ... Waist band

Option 1

1. Join the elastic by overlapping about 1 cm and zig zagging a few times to secure
2. Fold over the waist band 4 cm to the inside over the elastic
3. When sewing you will need to pull the elastic around as you go
4. Pull to distribute the elastic evenly
5. Ditch stitch the waist band at the sides and back into the seam

Option 2

1. Sew the waist band around by folding over 4 cm and pinning leaving the centre back seam open a few cms
2. Thread elastic through using a safety pin taking great care not to rotate the elastic
3. Join the elastic together by overlapping about 1 cm and zig zagging a few times to secure
4. Sew the waistband closed and pull to distribute the elastic evenly
5. Ditch stitch the waist band at the sides and back into the seam