

## Flutter sleeve dress (6 to 14)



### Stage 1

1. Sew side seams with a \*\* French seam (please use this seam as it wears extremely well and the families do much of their washing in rivers on rocks.... We need strong seams!)

\*\*French seam place wrong sides together  $\frac{1}{4}$  inch seam trim to  $\frac{1}{8}$  inch and then turn out (right sides together) and sew  $\frac{1}{4}$  inch seam with right sides together

2. Sew hem  $\frac{1}{4}$  inch turn up
3. If the back seam is **not** on the fold use a \*\*French seam to sew together ... if the edges are on the selvage then you can either French seam or sew a seam 1cm and then welt or topstitch the seam allowance flat to one side
4. Sew underarm arm seam \*\* French seam as above
5. Sew hem of sleeve  $\frac{1}{4}$  inch turn up and then  $\frac{1}{2}$  inch hem all around – you can use lace edging (cotton) or a fancy embroidery stitch if you like
6. Sew pocket  $\frac{1}{4}$  inch seam allowance leaving 2 inches of bottom edge open, turn to right side and pull out corners with a pin

### Ironing

1. Iron side seams flat
2. Turn up hem 1 inch and iron
3. Iron the sleeve hem
4. Iron the pocket and iron on the patch about  $\frac{1}{3}$  of the way down on the right hand side and close to the edge of the pocket

## Stage 2

1. Hem up the bottom of the dress – sewing over the stitches you previously made to turn up
2. Pin and set in the sleeve completing two rows of straight stitching close together, then zig zag to neaten
3. Sew ¼ inch around the entire neckline, then turn over ½ inch, starting near the sleeve seam at the back. And leaving a 1 inch gap to insert the elastic
4. Insert the elastic and secure with a one inch overlap – I use a three step zig zag stitch
5. Stitch the opening closed
6. Add a trim to the pocket overlapping the sides (you will catch these in when you stitch around the pocket) sew around the label and the trim to secure the top and bottom edge
7. Pin the age label to the bottom edge of the pocket so when you sew the pocket on the dress it peeks out
8. Stitch around the pocket tucking under the trim as you go and ensuring that you reverse at top on both sides to secure firmly
9. Cut all hanging threads and fold the undies to pop into the pocket

If you would like to donate a pair of undies with your dress – we would love that!! It saves on costs for us so we can put more of our funds into postage

Please choose the size that corresponds – remembering the kids are usually smaller – so if you are making a size 6 dress – please use undies 4-6 not 6-8 .... Go to the smaller option

We always have kits available to sew – just message Carol ... they come with everything you need and we use donated fabrics so that is awesome

[carol@sewforagirlcanberra.com](mailto:carol@sewforagirlcanberra.com)

We also have patterns available to order on line – they include all three patterns – boys shorts, cross over dress and flutter sleeve dress. The price covers cost and post

Labels by the sheet are also available

Order them through the website [www.sewforagirlcanberra.com](http://www.sewforagirlcanberra.com)

**Thank you so much for everything you do – we couldn't do this without you!!**